



Castle Park Middle School

"Realm of Proud Knights Pursuing Excellence"

NO BULLYING POLICY

BULLYING IS REAL! BULLYING IS WRONG!

You might think bullying happens only to little kids. The truth is that being a bully or being bullied has no age limit.

WHY DO PEOPLE BULLY?

- They want to hurt others
- They like to make fun of people who are different
- They like to feel powerful
- They're trying to move attention away from themselves
- They think it's funny and no big deal BULLYING

CAN INCLUDE:

- Hurtful words Cruel jokes or
- tricks
- Verbal threats, mean looks or rude gestures
- Pushing, hitting, and pinching
- Making people do things they don't want to do
- Picking on or ganging up on someone
- Ignoring or leaving people out Writing
- nasty notes
- Starting rumors

Bullying is not tolerated

WHAT YOU CAN DO ABOUT BULLYING & PEER ABUSE

As a Teen...

- Know your school rules. Know your rights and responsibilities about bullying Show others
- that you think bullying is NOT OK.
- Get help if you are bullied or see someone being bullied.

As a Parent

- Notice and talk about changes in your teen's behavior
- Notice when your teen's actions or words seem disrespectful of others
- Know the rules at your teen's school about bullying, harassment, and hazing

PEER ABUSE / BULLYING WILL NOT BE TOLERATED.

Students and parents will be accountable for this behavior. Possible consequences include "O Class," Saturday School, suspension, expulsion, and arrest.

REPORT ANY BULLYING AND PEER ABUSE TO:

ANTI-BULLYING OFFICE - RM. 902

BULLYING HOTLINE: (619) 498-6033 or 498-5552

You can also always report bullying to your Teacher, Counselor, Assistant Principal, and/or any staff member IMMEDIATELY.